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# Welcome to Palfrey Infant School

Happy Children Aiming High





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# April 2025

This month's value is *Resilience*

Each year group will be looking at:

- Feeling safe inside and out
- What is Bullying





# Good Work Assemblies



Our weekly Good Work Assemblies are every Friday. We celebrate achievements and award children for good learning and bucket filling. (kindness).

We talk about good attendance in school and award children with more than 96% attendance weekly. The winning class get 2 stickers and if the class gets 100% the get 3 stickers. This hopefully promotes teamwork to come to school whenever possible.

The class with the most stickers at the end of the term win a box of chocolates!



# EID 2025

- The Children loved our EID celebrations this year
- We even had a special visit from Swifty – Walsall's Football club Mascot!
- They had a special lunch and enjoyed showing off their special EID clothes.



# EID AL-FITR 2025



## • Happy Eid Al-Fitr

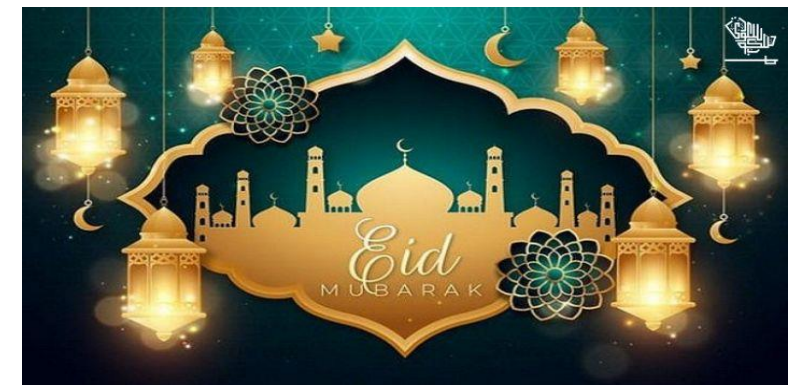
- Eid al-Fitr is the earlier of the two official holidays celebrated within Islam. The religious holiday is celebrated by Muslims worldwide because it marks the end of the month-long dawn-to-sunset fasting of Ramadan





## Key Dates

- 11<sup>th</sup> April – Nursery closed to Children
- 11<sup>th</sup> April – Easter Themed Lunch – Rec – Year 2
- 11<sup>th</sup> April – School closes for the Easter half term – 1pm
- 28<sup>th</sup> April – School opens for children – Normal times
- 29<sup>th</sup> April 2025 – Class 1 and 2 Road Safety Walk
- 30<sup>th</sup> April 2025 – Class 3 Road Safety Walk



# April 2025

April is named after the Greek goddess of love, Aphrodite. The Romans called this month Aprilis, which may derive from the verb aperire meaning “to open”, referring to flowers and fruits opening.

## Active April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Commit to being more active this month, starting today	2 Spend as much time as possible outdoors today	3 Listen to your body and be grateful for what it can do	4 Eat healthy and natural food today and drink lots of water	5 Turn a regular activity into a playful game today	6 Do a body-scan meditation and really notice how your body feels
7 Get natural light early in the day. Dim the lights in the evening	8 Give your body a boost by laughing or making someone laugh	9 Turn your housework or chores into a fun form of exercise	10 Have a day with less screen time and more movement	11 Set yourself an exercise goal or sign up to an activity challenge	12 Move as much as possible, even if you're stuck inside	13 Make sleep a priority and go to bed in good time
14 Relax your body & mind with yoga, tai chi or meditation	15 Get active by singing today (even if you think you can't sing!)	16 Go exploring around your local area and notice new things	17 Be active outside. Plant some seeds and encourage growth	18 Try out a new exercise, activity or dance class	19 Spend less time sitting today. Get up and move more often	20 Focus on 'eating a rainbow' of multi-coloured vegetables today
21 Regularly pause to stretch and breathe during the day	22 Enjoy moving to your favourite music. Really go for it	23 Go out and do an errand for a loved one or neighbour	24 Get active in nature. Feed the birds or go wildlife-spotting	25 Have a 'no screens' night and take time to recharge yourself	26 Take an extra break in your day and walk outside for 15 minutes	27 Find a fun exercise to do while waiting for the kettle to boil
 28 Meet a friend outside for a walk and a chat	29 Become an activist for a cause you really believe in	30 Make time to run, swim, dance, cycle or stretch today				

**ACTION FOR HAPPINESS**

**Happier · Kinder · Together**