

LUNCH Week 1



W/C 01/09, 22/09, 13/10, 03/11, 24/11, 15/12, 05/01, 26/01

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza Slab (V)	Quorn Burger & Wedges	Hearty Quorn Roast, Roast Potatoes (V)	Sweet Potato, Leek & Cheese Calzone (V)	Fish Fingers with Chips
MAIN 2	Farmhouse Hash (VE)	Tasty Red Pepper & Bean Biryani (VE)	Roasted Tomato & Basil Pasta (VE)	Curry Club Rainbow Jalfrezi, Garlic Bread (V)	Crispy Quorn Nuggets & Chips (VE)
VEG	Half Jacket & Green Beans (VE)	Fresh Broccoli (VE)	Carrots & Cabbage (VE)	Sweetcorn (VE)	Carrots & Peas or Baked Beans (VE)
3RD OPTION	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
DESSERT	Freshly Baked Chocolate Cookie (VE)	Plum Sponge Pudding & Custard (V)	Pear Upside- Down Pudding (V)	Fruity Jelly Pot (VE)	Lime & Coconut Cake (VE)
<p>AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole), flavoured yoghurts as well as freshly baked bread & seasonal salad bar. Third option includes vegan and vegetarian items.</p>					

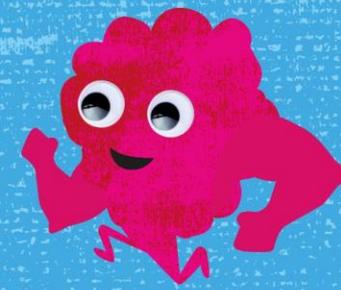


MENU KEY V Vegetarian VE Vegan and Planet Friendly N New Dish



LUNCH

Week 2



W/C 08/09, 29/09, 20/10, 10/11, 01/12, 12/01, 02/02

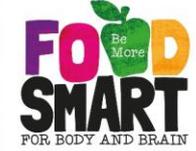
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Creamy Mac'n'Cheese (V)	Vegetable Samosa & Wedges	Garden Fresh & Potato Pie (V), Roast Potatoes	Hearty Sausage Pasta Bake (VE)	Battered Fish & Chips
MAIN 2	Spiced Packed Rice (V)	Roasted Tomato & Basil Pasta (VE)	Teriyaki Noodles (V)	(N) Creamy Chickpea & Coconut Dahl (V)	Onion Bhaji Wrap & Slaw with Chips (VE)
VEG	Garlic Bread & Peas (VE)	Sweetcorn (VE)	Fresh Roast Carrots & Swede (VE)	New Potatoes & Broccoli (VE)	Carrots & Peas or Baked Beans (VE)
3RD OPTION	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
DESSERT	Chocolate Cornflake Cake (VE)	(N) Fruity Bread & Butter Pudding (V)	Ginger Cake (VE)	(N) Autumn Fruit Crumble & Custard (V)	Apple & Berry Traybake (V)
<p>AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole), flavoured yoghurts as well as freshly baked bread & seasonal salad bar. Third option includes vegan and vegetarian items.</p>					

MENU KEY V Vegetarian VE Vegan and Planet Friendly N New Dish



LUNCH

Week 3



W/C 15/09, 06/10, 27/10, 17/11, 08/12, 19/01, 09/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza Slab (V)	Five Bean Chilli & Rice (VE)	Quorn Sausage & Roast Potatoes	Hearty Spaghetti & Meatballs (VE)	Fish Fingers & Chips
MAIN 2	Creamy Leek & Cheese Pie (V)	Roasted Tomato & Basil Pasta (VE)	Golden Sausage Roll (VE) & Roast Potatoes	Sweet Potato Flatbread (V)	Jerk Hot Dog & Chips (VE)
VEG	Wedges & Sweetcorn (VE)	Roasted Cauliflower (VE)	Savoy Cabbage & Roasted Squash (VE)	Focaccia & Green Beans (VE)	Carrots & Peas or Baked Beans (VE)
3RD OPTION	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
DESSERT	Apple & Cinnamon Flapjack (VE)	(N) Chocolate Mousse (V)	(N) Pear & Ginger Cake (VE)	(N) Autumn Fruit Pie & Custard (V)	Freshly Baked Vanilla Cookie (VE)

AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole), flavoured yoghurts as well as freshly baked bread & seasonal salad bar.
Third option includes vegan and vegetarian items.

MENU KEY V Vegetarian VE Vegan and Planet Friendly N New Dish

